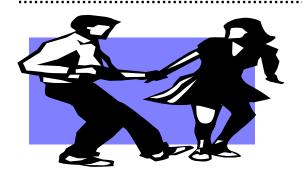
2014 Spring Schedule

Tuesday	Registration #:		Wednesday Registration #:			Thursday	Registration #:	
12:00-3:00	Fitness Program (A) Weight training (A) Basketball (A)		12:00-3:00 3:00-4:00	Workshops/Meetings (A) Softball (E/T)	23049	12:00-3:00	Fitness Program (A) Weight training (A) Basketball (A)	23042
12:00-3:00	Ceramics (A)	23046	3.00-4.00	Gardening club (E/T/A)	23050	12:00-3:00	Ceramics (A)	23046
3:00-4:00	3 on 3 B-ball (organize team	ı) (E/T)	4:00-5:00	Afterschool Meals (E/T)	23051	3:00-4:00	3 on 3 B-ball (organize team) (E/T)	
4:00-8:00	A & L Homework/Tutoring (6-18 yrs.)	23054	4:00-5:30	Tennis (E/T)	23053	4:00-8:00	A & L Homework/Tutoring (6-18 yrs.)	23054
4:00-5:00	Afterschool Meals (E/T)	23051	4:00-6:00	Conditioning w/Kids \$20 (E/T) 3 on 3 b-ball (9-11 yrs.) Step Team (10-13 yrs.)	23113 23056 23102	4:00-5:00	Afterschool Meals (E/T)	23051
4.00 / .00	Ceramics (E/T)	23107	5:30-7:00	Synergy Dance Team Practice		400 / 00	Ceramics (E/T)	23107
4:00-6:00	3 on 3 B-ball (T) Wrestling (E/T)	23055 23052	6:00-7:30	50+ Line Dance Team (A)	23111	4:00-6:00	3 on 3 B-ball (T) Wrestling (E/T)	23055 23052
6:00-7:00	Aerobics (A) \$25	23112	7:00-8:30	VIP Drill Team Practice (E/T) Weight training (T/A)	23101	5:00-7:00	Teen club (T)	23105
6:00-7:15	Basketball A (5-8 yrs.)	23091		Backgammon club (T/A)	23104	6:00-7:00	Aerobics (A) \$25	23112
6:00-8:00	Step Team (10-13 yrs.)		7:30-8:45 	"Sports & More" (T/A)	23110	6:00-7:15	Basketball C (9-11 yrs.)	23098
7:00-8:00	Karate (E/T/A) \$20	23140				7:00-8:00	Karate (E/T/A) \$20	23140
7:00-8:30	Line Dance Team (18-49) Game room activities (T/A)	23109 23108	T Teen			7:00-8:30	Line Dance Team (18-49) Game room activities (T/A)	23109 23108
7:15-8:30	Basketball B (5-8 yrs.)	23091	A Ac	lult		7:15-8:30	Basketball D (9-11 yrs.)	23098

"Our mission is to enrich the lives of our citizens"

Friday	Registratio	n #:	Saturday	Registration $\#$:		
12:00-3:00	Adult Fitness Program (A) Weight training (A) Basketball (A)	23042	9:00-10:30	Line Dance Team 50+	23111	
			9:00-12:00	Synergy Dance Practice (T) Spring Gardening Club (E/T/A)	23050	
3:00-4:00	Softball (E/T)	23049	• • • •	opining duracining closs (2/1/A/	20050	
			12:00-1:30	VIP Drill Practice (E)		
4:00-5:00	Afterschool Meals (E/T)	23051	•			
4 00 5 00	T . (= /T)	00050	9:30-11:00	Line Dance Team (18-49 yrs.)	23109	
4:00-5:30	Tennis (E/T) Indoor Flag Football (E/T)	23053 23142	•			
			11:00-5:00	B-ball League play (until 4/19) 3 on 3 B-ball (E)	/14) 23056	
6:00-7:30	Soul "Fit" Line Dance (A) \$25	23139	o. o. o. o.	3 on 3 B-ball (T)	23055	
7:00-8:30	VIP Drill Practice (E/T) Weight training (T/A)	23101	1:30-2:30	"Zumba"(A) \$25	23737	
	Game room activities (T/A)	23108	•			
			3:00-5:00	Pazia Hadara Dancers Step Team (10-13 yrs.)	23102	
7:30-8:40	"Sports & More" (T/A)	23110		(10 10 /10/		





Center Rules:

No hats, scarves, wave caps, bandanas worn in the building.

An adult must accompany children under 6 years of age.

Tennis shoes, shorts, or sweat pants must be worn for physical activities in the gym.

No loitering or hanging out in the hallways or in front of the building.

Please be courteous and respectful of others and their belongings.

No smoking in or in front of the building.

City of Columbus issued leisure cards are required. Please scan your card.

No profanity, abusive or vulgar language.

Do not abuse or deface City property or equipment.

No food, gum, candy or drinks in the gym.

No horseplay in hallways or building.

Weight room open to participants
13 yrs. and above with proper supervision.

2014 HOWARD SPRING QUARTERLY



Howard Recreation Center 2505 N. Cassady Avenue Columbus, Ohio 43219 Phone: (614) 645-3713 www.columbusrecparks.com



News, Events, Special Programs for Howard Recreation Center & Northeast Area

March 25, 2014 - May 17, 2014

Volume 4, Spring

The staff of Howard Recreation Center invites you to register for the Spring session of scheduled activities. Registration begin March 15 - March 22, 2014 in-person or online; until spaces fill-up.

Please create your on-line account by going to: activenet.active.com/columbusrecparks

All participants, ages 6 to adults, in Columbus Recreation and Parks programs must obtain a Leisure Card valid for one year (\$1.00 fee) and an Activenet on-line account.





HOURS OF OPERATION:

Sunday......Closed
Monday......12-9:00
Tuesday......3-9:00
Thursday......12-9:00
Friday......12-9:00
Saturday......9-6:00

April 19, 2014 10:00 AM
Join the Howard Staff and Volunteers
16th Annual Easter Egg & Candy Hunt/
All-Star Basketball Saturday
Sponsored by Capital Transportation, Inc.



CRC/Volunteers:

We are presently looking for volunteers to help with center events. All volunteers must complete Back Ground check on-line and enter info with:

WWW.Opportunities.averity.com/crpd

2014 SPRING SEASONAL SPORTS & ACTIVITIES



Register for the following seasonal sports and activities. Team and individual activities are offered to beginners and experienced participants.

Saturday Basketball League Play ages 5-11 years Karate \$20/8 week session (E/T) PLAY applications available for children

Adult Competitive Line Dance teams ages 18 - 49 yrs. & 50+

Weight Training ages 13 yrs. - Adult

Aerobics \$25/8 week session (A)

Instructional Line Dance \$25/8 week session (A)

Conditioning w/Kids Fitness Program \$20/8 week session (E/T) PLAY applications available for children

Competitive Volleyball (T/A)

Competitive Dance & Step Teams (E/T)

Lead-up drills for Wrestling/Tennis/Softball (E/T)



